

Love Affair III Affair Proof Your Marriage

"You shall not commit adultery."

Exodus 20:14

How To Affair Proof Your Marriage

1. BE A STANDARD BEARER

Live by my standards, and obey my rules. You will have life through them. I am the LORD.

Leviticus 18:5 (GW)

When the enemy comes in like a flood, The Spirit of the LORD will lift up a standard against him.

Isaiah 59:19b (NKJV)

Have respect for marriage. Always be faithful to your partner, because God will punish anyone who is immoral or unfaithful in marriage.

Hebrews 13:4 (CEV)

2. CONSIDER THE CONSEQUENCES

Adultery is a brainless act, soul-destroying, self-destructive.

Proverbs 6:32 (MSG)

3. NOURISH YOUR MARRIAGE

In Dr. Willard Harley's book - *His Needs, Her Needs*

The top five needs of most men are:

1. Sexual fulfillment
2. Recreational companionship
3. An attractive spouse (this doesn't mean a beauty queen; most of those women on TV are artificial)
4. Domestic support
5. Admiration

The top five needs of most women are:

1. Affection
2. Conversation
3. Honesty and openness
4. Financial support
5. Family commitment

²"...It's good for a man to have a wife, and for a woman to have a husband. Sexual drives are strong, but marriage is strong enough to contain them and provide for a balanced and fulfilling sexual life in a world of sexual disorder. ³The marriage bed must be a place of mutuality—the husband seeking to satisfy his wife, the wife seeking to satisfy her husband. ⁴Marriage is not a place to 'stand up for your rights.' Marriage is a decision to serve the other, whether in bed or out. ⁵Abstaining from sex is permissible for a period of time if you both agree to it, and if it's for the purposes of prayer and fasting—but only for such times. Then come back together again. Satan has an ingenious way of

tempting us when we least expect it. ⁶I'm not, understand, commanding these periods of abstinence—only providing my best counsel if you should choose them.”

1 Corinthians 7:2-6 (MSG)

4. GUARD YOUR HEART

Be careful what you think, because your thoughts run your life.

Proverbs 4:23 (NCV)

Step one: Entertaining Sinful Thoughts

¹⁴But every man is tempted, when he is drawn away of his own lust, and enticed. ¹⁵Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death.

James 1:14-15 (KJV)

Step two: Emotional Non-physical involvement

Step three: Physical Involvement

Step four: Rationalizing the Affair

"The heart is deceitful and desperately wicked. Who can know it?"

Jeremiah 17:9

5. Nurture Safe Relationships

1. Don't listen to a member of the opposite sex tell you his or her marriage problems unless your spouse is present
2. Don't fish for complaints
3. Don't compare
4. Be alerted to unsafe exchanges that can occur between two people
5. You can't help the first look but you can help the second
6. Avoid a lingering touch
7. Don't meet with the opposite sex alone

"But among you there must not be even a hint of sexual immorality."

Ephesians 5:3

Whoever covers over his sins does not prosper. Whoever confesses and abandons them receives compassion.

Proverbs 28:13 (GW)